

A responsible character is made up of our outlook and daily habits associated with feelings, thoughts, and actions. Responsible people act the way they should whether or not anyone is watching. They do so because they understand that it's right and because they have the courage and self-control to act decently, even when tempted to do otherwise. We want our children to appreciate the importance of being responsible. We also want them to develop the habits and strength to act this way in their everyday lives. Learning to be responsible includes learning to:

## Respect and Show Compassion for Others:

As part of being responsible, teenagers need to respect and show concern for the well-being of other people. Respect ranges from using basic manners to having compassion for the suffering of others. Compassion is developed by trying to see things from the point of view of others, and learning that their feelings resemble our own. Respect for others also includes the habit of treating people fairly as individuals, regardless of race, sex, or ethnic group.

## **Practice Honesty:**

Honesty means telling the truth. It means not misleading others for our own benefit. It also means trying to make decisions, especially important ones, on the basis of evidence rather than personal prejudice. Honesty includes dealing with other people and being honest with ourselves. To understand the importance of being truthful to others, our teenagers need to learn that living together depends on trust. Without honesty, trusting each other becomes impossible.