If your child talks to you about bullying:

- 1. Listen calmly and get the full story.
- 2. Reassure your child that they are not to blame.
- 3. Ask your child what they want to do about it and how you can help.
- 4. Visit www.bullyingnoway.gov.au to find some strategies.
- 5. Contact the school.
- 6. Check in regularly with your child.

