

Marsden Mail

May 2011



Information about Marsden High School news and events

Welcome back students and teachers.

an-nyeong-ha-se-yo 'hello'

As Principal, my focus is continuing to create 'great' classrooms where students and teachers collaboratively engage in learning.

It is what we bring to the classroom that is so special. We are a unique and special school that thrives in the richness of our students and teachers. Our teachers are focussed on "rigour, relevance and real life". This has never been so prevalent in our technology rich environment where conversations, collaboration and communication is paramount to the experience of learning. In this month's newsletter, you will read about our policy for accessing 'edmodo' (a web 2.0 tool for collaborating in classrooms), the adventures of our Work Studies and Construction students in Queensland assisting flood victims, the successes of our Year 9 students with their new netbooks (laptops), dressing like serious students (school ties and black leather shoes are what we expect from our students), improvements in communication between school and home and finally a little snippet from my Principals cultural tour to Korea during the holidays "meo-si-sseo-yo", it was cool and awesome.

Proud of our Work Studies and Construction students ventures to help the Flood Victims in Queensland.

I am very proud of the efforts by a group of students, teachers and volunteers who travelled to Queensland to help the flood victims. The students were Yr 9 Tyler Ballard, Jamal Barghachoun, Emile Corbino, Osama Katanasho, Cameron Nichol, Lex Phipps, Zachariah Salinas and Reece Wilcox, from Yr 10 Javad Hassanzadeh, Paul Nguyen, Ryan Whittaker, and from Yr 11 Moey Alameddine, Anthony Brown McDonald, Ivan Gibson, George Hajjar, Michael Taase and Sayed Zahedi. Their story will be published later in the newsletter. Special thanks to Wayne Lloyd, Marilee Campbell and the other adults who made the trek, Ulric Steiner, Glenn Lofts, Bruce Davidson and John Baulderstone. The adults mentored the boys and led by example working very hard each day to help the farmers, not to mention driving 2 mini buses about 15 hours each way to Ficks Crossing near Kingaroy. The idea 'think global, act local' is never been truer in the impact of this project. After the experience of travelling interstate to help the flood victims, the boys have returned to school, standing taller, looking wiser and feeling proud. They experienced the 'spirit' of the Australian Bush and the fulfilment of helping others in a time of need. Helping the farmers was an exceptional, long reaching experience for both the boys and the 'Ficks Crossing' farmers. It was an intense, physically demanding and challenging experience which brought about a new found resilience for all involved. Our school motto (Marsden High) 'learning for life' is typified in this project, providing our students with the opportunity to develop skills for life.



The "Boys from the Bush" Marsden helps the Farmers

Sean "scholarship winner and represents Marsden at rowing championships!

Sean Madeley is one of the first junior recipients to be awarded the QL Deloitte Scholarship. The Scholarship provides talented athletes with assistance to pursue educational and career opportunities whilst maintaining an elite level of training. Sean competed in the Combined High School Championships in April which was an opportunity for Sean to compete against some of the State's top athletes from around NSW and gauge his improvement after a year of very hard work and training. We congratulate Sean on his scholarship and his selection to compete in the NSW championships.



Learning Focus on "Writing" for all students and teachers at Marsden

For this year, students at Marsden will be focussing on improving their writing ideas and skills. Writing and reading are fundamental to success at school, and teachers are taking time to engage our students in all the facets of writing and building ways to improve student's skills in writing. Such tools as blogging, blogED, creative and persuasive writing, scaffolding and chunking are some of the approaches that will be taken up in the classroom. Students have excellent ideas, however it is the skills and tools that our teachers will focus on to improve the writing of all students. I have a particular interest in "blogging" as a writing tool to express learning and ideas. http://deniselofts.wordpress.com

Year 12 getting into the HSC Business and taking the step up in responsibility.

All year 12 students completed their half-yearly exams at the end of last term. Students will be receiving their results and reports soon. It is important for all students to reflect on their results and then make study plans for the upcoming term to focus on areas that may need improvement, "thinking about ploughing doesn't get the job done, perseverance and hard work does". As a wise football coach said, "don't stop 3 steps short".

I expect all year 12 to act responsibly, right up until the day they leave and beyond. Ensure year 12 maintain focus on their goals. It is disappointing when year 12 abuse their rights and responsibilities, as did 5 students last week, who left school grounds without permission during the day in the pouring rain. These students have been required to make up their time in extra study with the Principal. We are hopeful that they will use their time more effectively next time.

The 2011 HSC examination timetable (including the School Certificate tests) will be published on the Board of Studies website at www.boardofstudies.nsw.edu.au on Monday, 2 May 2011. Hard copies will arrive in schools from 9 May 2011.

From, Thursday 28 April, students may view their personal HSC examination timetable on Students Online at http://studentsonline.bos.nsw.edu.au/.

To access their timetable, students need to log in to Students Online using their Board of Studies Student Number and their HSC PIN. Students received their HSC PINs in their PIN Letter Packages, which were sent to schools last term for distribution to students.

Your parent email addresses please! & Website getting a revamp

We sent out surveys in term 1 to collect all parents email addresses to enable us to improve communication electronically. Please ensure you have completed this form and returned it to the school. We will still continue to distribute hard copies via mail, however the expense of paper and print, the time delay and the clumsiness is far greater than if we could send all our information to our parents and carers via electronic means. Thank you for your assistance in this matter.

This term we are focussing on updating our Website with the help of our parents and students. Look out for it in the upcoming weeks. Any parents who are keen to work with the Principal on this please contact the front office. Your input is always appreciated.

Principals4korea

Finally, what an experience to be welcomed and hosted by the Korean Education consul. What wonderful people the Korean's are! We were treated like rock stars. Our trip was diverse and culturally rich. From Welcoming ceremonies at the Gongju National University to the most amazing experience visiting the Chungnam Science High School, where students study from early morning to late in the afternoon. Academic rigor and high expectations are paramount. I invite you to view our trips blog and photos. http://principals4korea.com/ gam-sa-ham-ni-da' thank you!



Mrs. D.Lofts Principal Marsden High School

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Our next P&C meeting is on Tuesday 24TH May in the Library at 7:30pm

Calendar

May 10 **NAPLAN** 10-13 May 20 **Year 11 Exams commence** 20 Northern Sydney Zone Cross Country 24 Year 7 & 12 Parent/Teacher interviews 24 **P&C Meeting** Year 9 & 10 Exams commence 30

meeting and look forward to working with the new principal, Denise Lofts for the benefit of all the students and staff in Marsden.

We welcome all new members to the

Karen Walker P&C President

June

6	Year 7 & 8 Exams commence
8	Marsden Athletics Carnival
13	Queens Birthday Public Holiday
16	Northern Sydney Cross Country
20	Northern Sydney Zone Athletics
	Carnival

July

1 IEC Graduation

School Track Suit Pants Reduced to \$25.00. Supplies and sizes limited

Winter sale:

UNIFORM SHOP

Reminder that school ties are compulsory for Terms 2 & 3 and are \$15.00.

Caps are currently out of stock. As soon as they arrive students will be notified. Unfortunately there will be a price rise.

P&C REPORT

I would like to invite all parents and carers to attend the P&C meetings which are held in the library on the last Tuesday of each month. These meetings provide a forum for learning about the school policies and procedures and an opportunity for discussion. They are attended by the principal (or her deputy) and guest speakers from departments within the school report on activities within their departments.

The P&C committee has been fortunate over the last few years to have the support of an outstanding president (Tony Morris) and secretary (Linda Dicker). They have been instrumental in the development and continuation of the Marsden P&C and the P&C committee thank them. At the AGM meeting (Tuesday 22nd March), both stepped down and their positions have now been filled.

The new secretary is Paridha Tyagi. Fortunately, Helen Williams continues in the vice president position and Keith Wass continues as treasurer.

AMBULANCE TRANSPORT

With regard to ambulance transport, a parent is required to present the bill for transport to their health fund in the first instance. If they are not in a health fund then they bring the bill to the school and it is covered through the schools subscription to the ambulance cover.

DEPUTY PRINCIPAL'S REPORT

Tieing a tie is was becoming a lost art but with the internet you can find anything. Check out www.MyNiceTie.com. for a number of videos that show you how to tie a Windsor knot. Students are required to wear school ties Terms 2 & 3, and when worn well our students look so well – dressed that members of the public have commented on their appearance.

Another reminder about the correct shoes – BLACK, LEATHER LACEUPS, please. Ballet slippers or the soft raben shoes do not offer the necessary foot protection.

Year 7-11 will have their half-yearlys this term:

Year 11 begin 23rd May, Year.10 begin 30th May, Year 9 begin 30th May, Year 8 begin 6th June and Year 7 begin 6th June. These exams are based on all work completed up to these dates so students should be ensuring that their notes and bookwork are up to date.

Over the holidays, the media commented on the use of Facebook and other social media sites. Parents and students must ensure that their privacy settings have been set correctly so that their sites cannot be hacked into and personal information retrieved. Another concern was the prevalence amongst teenagers to use their phones to send inappropriate texts or pictures (sexting) to other teenagers. Research has shown that a large number of teenagers do not see anything wrong in sexting, some think that sending pictures will create close bond with the person receiving the message. Unfortunately, this is not the case. Recent events in the media show the tragic consequences that can occur. We all need to work together to educate students on how to use the social media correctly. At school, we continually remind students that what they post on the web stays there, so any pictures or comments that they would be embarrassed to show their parents should not be posted anywhere.

Margaret Paczkowski

DEPUTY PRINCIPAL'S REPORT

Marsden has certainly started the term well. The majority of students look fantastic in their winter school uniform. Thank you to all of our Marsden families in helping with this. Our year 9, 10 and 11 students who worked with drought stricken

farmers on the holidays have made us extremely proud.

This Friday the PBEL team are hosting a special rewards afternoon for students who have received the most awards in each year group. The students will be treated to a special lunch in period 4 and some Wii sport activities in period 5. We are very proud of the following students who have tried so hard this year:

Year 7 Kieran Morris, Skyler Williams

Year 8 Jayden Baikie, Kristen Easter, Natasha Wareham

Year 9 Viana Atmadja, Ebony Orrin, Belinda Te

Year 10 Juhyuk Choe, Jongkwon Kim, Taeik Kim, Jonathan Kuan, Caiping Yu

Year 11 Mouhamed Alameddine, Cameron Ding-Farrington, Ahmad Gul

Year 12 Ahmad Oueik, Natasha Zerf

Please remember to check your child's diary to see how many CARE stamps they have. Once they have 10 stamps in one faculty area they can receive a silver award from the faculty head teacher. A congratulations letter will then be generated and sent to you so that you can celebrate your child's success.

Exams are fast approaching so it is time for students to get more serious about studying. Your child should have a study timetable, if not send them to me. The best place to put them is on the fridge, everyone eventually goes there. Each night your child should complete at least 40 minutes study after finishing their homework. They can summarise or highlight key points, create a mind map or poster, record key information on their iPod, redo past questions or exercises.

There is always something to do. A particularly good strategy is to write down everything they know about a particular topic in a commercial break. They then check what they don't know and then concentrate on learning that.

Best wishes for a great term

Sue Vasilevska

NAPLAN 2011

NOTICE TO PARENTS/GUARDIANS OF YEAR 7 AND 9 STUDENTS

As part of the National Assessment Program your son/daughter will sit for 4 external tests. The purpose of these tests is to assess the literacy and numeracy performance of Year 7 and Year 9 students.

The test dates are Tuesday 10th May – Thursday 12th May. There will be a 'catch up' day on Friday 13th May.

The results of these tests will be reported to schools, students and parents using a common reporting scale with performance bands in reading, writing, language and numeracy.

Marsden High School will analyse these results in detail and identify areas of need for individual students or larger groups. These results will help inform teachers in their ongoing efforts to address the literacy and numeracy needs of their students

Reports to parents will be distributed in September. This report will include:

- Information about test content, including description of some of the skills that were tested
- A diagram showing the student's results and the national average and school average for each aspect tested in broad skill bands

- A brief descriptor of each question and whether the student was correct or incorrect.
- Information about achievement against minimum standard.

Edmodo

Dear Parent/guardian,

I'd like to inform you about our new eLearning platform that all students at Marsden High School will be using throughout the year. The website is called *Edmodo* and it enables a class to create a unique, private learning space online as an extension of the physical classroom. Students and teachers will be using *Edmodo* for all communication outside of class, and will regularly carry out learning tasks on *Edmodo* during class too.

On **Edmodo** students will be able to:

- talk to the teacher and ask questions about work from home;
- talk with the rest of the class and share ideas about class work from anywhere at any time;
- share files and resources amongst the teacher and other students in the class:
- keep track of important due dates, events and tasks;
- quickly and easily catch up on handouts or work missed due to absences:
- receive and hand-in assignment tasks electronically (in some instances).

Edmodo will be the primary method of student-teacher communication outside of class. Students will be expected to log in and check their **Edmodo** account regularly. They can do this via any computer at home or at school (e.g. in the library or on DER netbooks). **Edmodo** can also be accessed via an internet-capable mobile phone using the phone's web browser or the downloadable **Edmodo** phone application.

As **Edmodo** is a private, teacher-controlled learning space, all

communication and student interaction is closely monitored by the teacher. Importantly, there is no direct student-to-student messaging on *Edmodo* – a feature designed to prohibit cyber-bullying in any degree. The whole platform is managed by an administrator (Mr Dean Hannah) to ensure the safety and support of all students.

It must be stressed that each teacher will use *Edmodo* in varying degrees. Students must negotiate with individual teachers the level of communication that might be expected after school hours. Typically, teachers will respond to student posts within school hours.

In the interests of encouraging online safety and etiquette, students are asked to agree to the conditions outlined below:

Edmodo: Student Conduct

- 1. Students must treat *Edmodo* as an extension of the normal classroom the same conduct expectations as outlined in the Student Diary apply. The school PBEL values of (CARE) cooperate, achieve, respect and engage also apply on our eLearning platform.
- 2. Students may not share video, photographs, contact details or any other identifying information about themselves or others while online, except in limited circumstances as guided by their teacher.
- All comments, views and ideas expressed while online must be respectful of teachers, other students and Marsden High School.
- 4. Students must select an avatar ONLY from the images provided by *Edmodo*.
- 5. Standard English must be used including correct punctuation and grammar no text talk!

More Information about Edmodo

For more information about *Edmodo*, you can visit <u>www.edmodo.com</u>. The website's privacy policy is available at this address:

http://www.edmodo.com/corporate/privacy-policy

Students will find **Edmodo** to be a valuable learning tool being used to enhance engagement and learning outcomes at Marsden High School.

If you have any questions, please contact Dean Hannah via the school's front office: 9874 6544

Ms. Denise Lofts

YEAR 7 CAMP

My Experience at the 2011 Year 7 School Camp

At the end of last term 60 year 7 students headed off to the Great Aussie Bush Camp.

This camp was very exciting and I'm sure everyone even the teachers had a good time.

We did many excellent things like canoeing, Giant swing and Commando.

One of the best moments was when everyone threw themselves off the edge of the Flying Fox.

Thanks to the teachers who gave their time to come: Ms Dalal, Ms Bernyk, Mr Bastian & Mr Tari.

Tom Ferrett



Year 7 camp 2011

This year for the year 7 camp we went to "The great Aussie Bush Camp". It took 3 hours to get there on a hired bus. It wasn't the quietest ride.

When we arrived we put our suitcases in our cabin and got straight into our activities. Our first activity was running down the sand dunes. Everyone had fun, even though it rained. We went on a hike through the rainforest. Some people slipped along the way. For dinner we had sausages and bread it was just enough to fill me up. The night activity was going on the giant swing. It is awesome, scary and high at the same time.

The second day, for breakfast we had pancakes, toast, baked beans etc. Our first activity was at mud world. It was really fun but really dirty and to make it worse it was raining and the mud was cold. My next activity was climbing and the heights you go to are amazing. The next activity was the flying fox it was such fun and we saw Ms Dalal do it as well. The next thing we did was the leap of faith. It was another high activity but you have to jump off and catch a bar. For dinner we had a roast dinner with potatoes and veggies. The night activity was hilarious and really fun. It was "Commando" the students went against the teachers and the students won (Ha Ha Ha Ha Ha teachers).

The third day wasn't fun because we had to wake up earlier to pack and to clean the cabin 'NOT COOL'. My last activity was canoeing I really enjoyed it. Good thing I didn't fall in the water because it was freezing.

Since it was a long three days everybody was tired but everybody had fun. We arrived back at school around 3.20 pm. It was a fun, enjoyable and a challenging experience.

Thank you to Ms Dalal, Ms Bernyk, Mr Bastian & Mr Tari for your time and effort in taking us. It was a great experience.

Jessica Morgan





YEAR 8 CAMP

Dear Parent / Guardian,

Year 8 students have the opportunity to attend an overnight sleepover excursion at Taronga Zoo at the end of the year. The "Zoosnooz" program will include a guided Night Safari tour as well as a Behind-the-Scene tour early next day where students will experience close-encounters with tigers, lions, elephants and other wildlife at the Zoo.

The program only allows a maximum of 40 students to attend at once for safety reasons. Therefore, we have booked two sessions to cater for 80 students. The dates which your child(ren) will be attending will be announced early Term 4.

Year 8 Excursion – Taronga Zoo, Sydney

When:

Monday 5th December 2011 – Tuesday 6th

December 2011 (40 students)

OR

Tuesday 6th December 2011 – Wednesday 7th December 2011 (40 students)

Where: Taronga Zoo, Sydney

Cost: \$85 per student (includes transport and Taronga Zoo overnight excursion)

Deposit: Non-refundable deposit of \$10 was due by **Monday 2**nd **May** (term 2)

Remainder:

\$25.00 due by Monday 20th June 2011 (term 2) \$25.00 due by Monday 5th September 2011 (term 3) \$25.00 due by Monday 7th November 2011 (term 4)

Alternatively, the remainder \$75.00 can be paid as a full amount by **Monday 7**th **November 2011.**

Transport: Private Bus from/to school (included in cost)
Students will leave Marsden High at 9.15am
Students will return to Marsden High by 3.15pm

What to Bring:

A list of necessities (e.g. sleeping bag) to bring to Taronga Zoo will be handed out at the beginning of term 4.

Our Year 8 Excursion will be a wonderful experience for the students and I hope that many of our students will have the opportunity to attend. If you have financial constraints or further queries, please address it in writing to either myself or the Principal, Ms Lofts.

Please see Ms Hsu for **Permission Form**, and complete with the **non-refundable deposit of \$10** (or total payment of \$85.00) to allow the school to secure a booking at Taronga Zoo. Students need

to hand in the correct amount to the front office.

Thank you. Ms. C.W. Hsu

QUEENSLAND REPORT

During the last 4 days of term 1 and the first 4 days of our holidays, 17 adventurous students, 2 even more adventurous teachers Mr Lloyd and Ms Campbell together with 4 thrill-seeking friends of Marsden' John Baulderstone, Bruce Davidson, Glenn Lofts and Ulric Steiner drove to Ficks Crossing near Kingaroy in Queensland to work with the Blazeaid charity to help farmers who had been affected by the recent floods.



It was a long drive. The 2 mini buses left school at 7am and arrived in Toowoomba at 9pm. The following morning they were on the road early in order to drive the extra 5 hours to Ficks Crossing so that they could get their instructions and begin their work building fences. The boys were divided into work groups of one adult and 3 boys and each group was assigned to a farm each day.

Muster was at 6.45am every morning. Here all workers had to present dressed in their work gear complete with their *Blazeaid* fluoro vests. The organizers would have spoken to the farmers the evening before to determine which farms the groups would be assigned to. Some

farms were only 15 mins away others up to 40 minutes.

My husband and I arrived on the Friday night and were greeted by many excited boys eager to tell us what they had been up to. Their excitement was palpable and it was most gratifying to see this excitement and pride in the work they had been doing.

Work on the farms would typically begin about 8.30 am and finish about 4pm. This was luxury compared to the farmers who start at 6am every day and finish when it gets dark. One farmer we spoke to finishes at 4pm on Sundays so that he can watch the football! Each farm had different needs and often different ways of building fences. At various times the boys had to build new fences, rip out damaged fences, clean fences of debris or try to salvage what they could from the flood damage. The farmers were very generous in allowing the boys to ride the quad bikes, and ride on the tractors and utes. They also provided lunch for all the workers.

Going to the farms was an education for the boys (and the adults) as we all learnt about life on the farm and the hardships and working conditions (or lack of) that farmers endure. One farmer's wife was telling us how she had to drive her children 4 kms to the school bus stop, that the closest newsagent was 40 kms away and the closest McDonald 90kms. Another farmer told us that we had broken the back of the work that had to be done and that he now felt able to cope and to start again.





On the last evening we had a small presentation ceremony where the boys each had a chance to thank their leaders for their guidance and care during the excursion. George, Michael and I tried to buy some green tree frog fridge magnets as small tokens of appreciation for our 6 leaders at a street market in Murgon (the nearest town) but when the retailers saw that we were wearing Blazeaid vests they would not allow us to pay despite my protests. They said that Blazeaid was helping their farmers to get back on their feet and that they really appreciated the fact that we were there helping. We were very humbled by this experience and it brought home to us the importance of the work that we were doing.



One of the highlights of the trip was the vast array of animal life that the boys came in contact with. There were 2 dogs and numerous green tree frogs at our

camp, wallabies, horses, dogs on every property and even cane toads. The dogs and frogs were a hit the cane toads got hit!



The final muster was held on the last morning before the group left for the long trip back. Ron and Alison the *Blazeaid* organizers praised the boys for their work and said how much each of the farmers they had spoken to appreciated the work they had done. Another helper Faye said to me with tears in her eyes, "you must be so proud of your boys". Indeed I was.

I would like to give a special thanks to the adults involved for giving up their holidays and enduring long hours driving the mini buses in order to take our boys to Queensland. Each one of them is a very special person and they were all outstanding leaders for our boys.

Thank you to the boys, from Yr 9 Tyler Ballard, Jamal Barghachoun, Emile Corbino, Osama Katanasho, Cameron Nichol, Lex Phipps, Zachariah Salinas and Reece Wilcox, from Yr 10 Javad Hassanzadeh, Paul Nguyen, Ryan Whittaker, and from Yr 11 Moey Alameddine, Anthony Brown McDonald, Ivan Gibson, George Hajjar, Michael Taase and Sayed Zahedi.

A special thank you also to our sponsors Ryde Eastwood Leagues Club, Hunters Hill and Ryde Rotary Clubs, Ryde Parramatta Golf Club, A & R Kandalaft Meats, Salvation Army Store Gladesville, Woolworths, McDonald Pharmacy and West Ryde Fruit Market, West Ryde. My thanks also to Maureen Mulherin from Ryde Rotary and Judith Curtin from Hunters Hill Rotary for their ongoing support with this project.

Sheryn Symons Careers Adviser Head Teacher Teaching and Learning

INAUGURAL 'UNREEL' CATCH & RELEASE FISHING REPORT

Intermittently throughout the year a number of Marsden's mad keen fishers test their wits against all things piscatorial (related to fish). Against all odds someone always catches a fish, or hooks the big one that "got away". Our last outing saw 8 brave young men catch 7 fish between them somewhere at the Parramatta River, the prize catch being Connor Sadgrove's 32 cm. Acanthopagrus latus (Silver Bream). The tide was running in, and prawns of the frozen variety were attached to a 9 lb. line donned with a running size 2 sinker and a long-shank size 4 hook. Unfortunately the photograph that proves the story true disappeared (Hmmmmm) so there is, of course, the challenge pertaining to burden of proof for the next newsletter!

At this time I would like to thank my colleague Mr. Bulgin for his contribution to many past and future piscatorial adventures.

HSIE Mr. Williamson

Chemical fertilizers V's Composting

EXPRESSION OF INTEREST

The vegetable garden has continued to flourish with the help and support of Year 9 Work Ed and Mr Alan Southcombe. Right now we have a minor hitch. The last project the Work Ed class completed were

compost bins. Getting the materials to provide food for the plants in these bins is a little difficult. However this is a problem easy to fix if we can help each other.

We are looking for suitable materials (pruning's and green waste from the garden at this time of year are excellent) to be turned into compost. (No weeds allowed). This garden material is the necessary materials to produce wonderfully cheap food for our plants to thrive.

CAN YOU HELP?

If enough people are interested in joining a scheme in mulching garden material we would like to purchase a suitable Mulching machine that can shred branches up to 50mm in diameter.

"Here's the offer"

Bring a trailer load or other size of garden materials to the school on nominated days and we will shred it for you and we would keep some of the mulch for our composting needs. We can even keep the lot if that is your desire. If you have the slightest interest in this scheme please call Mr Wayne Lloyd at school 9874 6544.

PS The Qld Trip was a "HOOT". Thanks to everyone for their support.

Remember God helps those who help themselves.

SPORT REPORT

There were many outstanding performances on the sporting field during Term One. A number of Marsden students gained selection in representative teams. These included;

- **Sean Madeley (Yr 12):** CHS Rowing (finished 2nd at CHS Championships)
- Tina Li (Yr 11): Sydney North Regional Tennis Team

- William Nicholson (Yr 9): Sydney North Under 15s Regional Rugby League Team
- Ishaq Nasiri (Yr 12), Manasa Rokosuka (Yr 12) and John Fangia (Yr 12): Sydney North Regional Rugby Union Team

Term one also saw the Under 15s Boys Rugby Union, Opens Boys Basketball and Opens Boys Soccer teams advancing to Round Two of the State Knockout. The Under 15s Boys Soccer team also advanced to Round Two in the Bill Turner Cup.

Our School Table Tennis Tournament was conducted wonderfully by Mr Yang. Joshua Gao won the Senior division whilst Geoffrey Ting was Junior champion.

On the last day of Term One our Year 9 Boys Rugby League team qualified for the semi finals of the Robbie Farah Shield. A sensational effort considering William Nicholson was sidelined with injury.

The Marsden school sport House competition has been running well with eager competition between each house group. Individual students have also been awarded 'player of the match' awards each week, with the leaders to be named Sportsperson of the Year at the end of the year for each Year group.

Upcoming events in Term Two include the Zone Cross Country Carnival, School Athletics Carnival and Zone Athletics Carnival.

Mr Lustica Sports Organiser

Army turns on a show for students

Sam Spence from Marsden High School joined students from around Sydney at Holsworthy Barracks, near Liverpool, for a Day with the Army as a thank you for their efforts in raising funds for Legacy.

Students who had worked hard on Legacy Badge Day last September were entered to a draw to win a place on the special outing.

The group visited the Defence Police Training Centre, spent time with engineers from 17th Construction Squadron and the School of military engineering, and had lunch at the 3rd Royal Australian Regiment mess and viewed Black Hawk and Kiowa helicopters with the 6th Aviation Regiment.

Highlights of the day were acted scenarios where soldiers apprehended a troublemaker and rescued a VIP from a threatening situation using smoke bombs as cover.

Students also had the chance to try on an EOD 9 Bomb suit, which is worn by all Australian Explosive Ordnance Disposal personnel, and control a remote positioning vehicle medium – TALON.

The day gave them the chance to learn about many of the careers offered in the army.

To donate phone 1800 LEGACY (1800 534 229) or go to www.legacy.com.au

Released by:

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KEYS 2 DRIVE

helping parents teach their Learner driver

As a parent you may be a good driver; but being able to teach your Learner is not an easy task.

A recent national survey of more than 1,250 parents of Learner drivers found that almost half (45.5%) were nervous or apprehensive when they began teaching their teen how to drive.

keys2drive is a federally funded program that has been developed by the Australian Automobile Association which aims to take the drama out of learning to drive. It helps parents to prepare for their role as a supervising driver and to ensure that any time spent in the car with their Learner is successful and effective.

keys2drive is a **free** lesson (involving theory and on-road) delivered by an accredited professional driving instructor to any Learner who is accompanied by their supervising driver – most often a parent.

This program, the single largest Learner driver safety program undertaken in Australia, represents a unique and valuable experience for parents and their Learner drivers.

To register for a free lesson or to learn more, visit www.keys2drive.com.au









The Australian Automobile Association constituent members are the motoring clubs in each State and Territory



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Five ways to help your child manage Facebook.

- Sign up for your own Facebook account, work out how to make a few friends and spend a couple of hours navigating your way around.
- 2. Find the privacy settings in the drop down menu by clicking on 'Account' in the top right hand corner on the page. Facebook organises privacy settings into 'Everyone', 'Friends of friends', 'Friends only' and 'Customise', which can restrict access to an individual or small group.
- 3. Search for your child online yourself. You may find that their profile information including their name, photo, and a list of names and photos of all

- their friends can be accessed by anyone with a computer.
- 4. Then, ask your child to show you how their privacy settings are configured and find out whether they understand them.
- 5. Also ask them to show you how to block someone, how to refuse a friend request from a stranger and how to untag themselves from other people's photos; that is, take their searchable name off an image.

Epping District Athletics Club Inc. is organising a Family Fun Run on Sunday 12th June 2011, commencing at 9.00am. Starting at the Corner of Oxford and Cambridge Street the 8 km Fun Run will continue through the streets of Epping and North Epping, finishing at the Epping District Athletics Centre Clubhouse in Norfolk Road Epping.

We are inviting you to participate in this Fun Run which is being held on the Sunday of the Queen's Birthday Long Week-end. Participants can either participate as an individual OR be part of a team.

This year we are inviting all Athletics Clubs/Sporting Clubs/High Schools to challenge your fitness levels. We have included a Teams Event as part of our Fun Run for 2011. With this challenge we are offering \$2,000.00 for the 1st Open team and \$500.00 for the 1st Under 18 team in prize money.

Registration for the Fun Run can be done online by going to www.eppingdac.com.au or by filling out the Entry Form. Team Entry is by Entry Form only.



Presented By: Northern Sydney & Central Coast Child and Adolescent Parenting



Teen Triple P Seminars

FREE SEMINAR REFRESHMENTS PROVIDED

Teen Positive Parenting Program is an evidence-based program for parents and carers of teenagers. This program is designed to help you understand your teenager, and learn how to build a positive relationship with them.



SEMINAR :

RAISING RESPONSIBLE TEENAGERS: Introduce parents to a formula for promoting positive family relationships and a healthy life.

Wednesday 8th June 6:30-8:30pm

SEMINAR 2

RAISING COMPETENT TEENAGERS: Provides a formula for helping teenagers make the most of their time at school.

Wednesday 15th June 6:30-8:30pm

SEMINAR 3

GETTING TEENAGERS CONNECTED: Helps parents with ways to encourage teenagers to become involved in socially appropriate activities with supportive friends.

Wednesday 22nd June 6:30-8:30pm

Bookings are essential! To make a booking call Centacare on 8425 8700 or



Location: Mosman Youth Centre 30 The Cresent Mosman (under Library)

Victoria.kean@dbb.org.au









ENGAGING ADOLESCENTS PARENT COURSE

Parenting skills for resolving teenage behaviour problems

A three-session program for parents and carers at Lindfield Community Hall (Next to Lindfield Library)
259 Pacific Hwy, Lindfield NSW
10th, 17th, and 24th May 2011 from 6:30PM-8:30PM

Learn:

- √ Some common ground shared by parents & reasonable expectations to hold about adolescents
- √ New understandings of adolescence
- ✓ A three-option model & flow chart for decision-making
- ✓ Self check-in, first for parents.
- ✓ Building relationship with your teenager and making the best of your non-crisis conversations with them
- ✓ Skills for tough conversations for handling those problems you just can't ignore

Registration Fee

One parent is \$60 for the course Two parents (Or you and a friend) is \$100



What parents have said...

A step dad recalled an incident at the weekend with his 12 year old step daughter. He said that the input he had received the previous week from the course helped him keep his cool and brought a more favourable outcome.

A single Mum who had presented as quite anxious on the first night told the group in week 2 that she had made an appointment with her 15 year old son during the week and had had a far more favourable discussion with him than would previously have been the case.

Who's running it?

The trainers for this course are Jacqui Marquis-Conder and Kirsty Winn, both Adolescent and Family Counsellors at KYDS Counselling service. Jacqui is a psychologist with experience in family mediation, and case management. Kirsty is a qualified counsellor with experience working with at-risk youth, and youth homelessness.

Bookings are essential and can be made by contacting Jacqui or Kirsty on 9416 9824 or emailing at kyds2@bigpond.com.

An end to the arguing and yelling!
 It saved our lives
 Simple, sane, effective

This course is being run by a Parentshop® licensed practitioner. www.parentshop.com.au